



State Medical Board of Ohio

**DIETETICS ADVISORY COUNCIL MEETING  
December 6, 2021**

<p><b>Members:</b> Mary-Jon Ludy, PhD, RDN, FAND David Reiersen Stacy Shawhan, RD, CSO, LD Carmen Clutter, MS, RDN, LD, CLC Susan Finn, PhD, RDN, LD, FAND</p> <p><b>Other Attendees:</b> Kay Mavko Pat McKnight</p>	<p><b>Staff:</b> Stephanie Loucka, Executive Director Jill Reardon, Deputy Director of External Affairs Brycen Hatfield, Administrative Assistant</p>
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Ms. Reardon called the meeting to order at 2:02 p.m.

#### Minutes Review

Ms. Reardon asked for a motion to approve the draft minutes of Council's November 8, 2021 meeting.

**Ms. Finn moved to approve the draft minutes of the November 8, 2021 meeting of the Dietetics Advisory Council. Ms. Ludy seconded the motion.** The motion carried.

#### Legislative Update

**House Bill 122:** Ms. Reardon reported the Telemedicine Bill, has a hearing tomorrow. Ms. Reardon added that the Board will keep council apprised of any updates.

**House Bill 203, Senate Bill 131:** Ms. Reardon reported that the Medical Board will continue to monitor Bills that impact occupational licensing.

#### Administrative Rules Update

Ms. Reardon stated that last week a public hearing on the Medical Board's impairment rules was held. The rules would change the requirement of inpatient evaluation to an outpatient evaluation. Ms. Reardon added this change would make the cost of treatment for the Board's Allied Professionals more palatable. Ms. Reardon said the rules would be presented to the Board in January and anticipated the rules would become effective by the end of January. Ms. Reardon stated updates will be posted on the board's website, and she will keep licensees and the association apprised of any changes. Ms. Reardon thanked Ms. Mavko and OAND for their continued support and comments during this process.

Following from a discussion held at Councils November 8, 2021, meeting, in which Ms. Ludy asked about the potential of tagging on legislation that would allow council to hold their meeting virtually? Ms. Reardon responded that there was legislation introduced in the legislature that would permit virtual meetings. Ms. Reardon added that she will continue to look for legislation, to which councils request could be added in. Ms. Loucka voiced that while she is a fan of in-person meetings, virtual meetings would be a nice option to have, especially during inclement weather. Ms. Loucka opined that participation may increase if the meetings were live streamed.

### **One Bite Presentation**

Nelson Heise, the Clinical Director of the Ohio Physicians Health Program (OPHP) gave a brief presentation on the One Bite program. Mr. Heise explained that the One Bite program is a confidential treatment and monitoring program, wherein, health care professionals with substance abuse or mental health disorders can seek treatment, without an impact to their license.

Mr. Heise explained to be eligible for the One Bite program practitioners must meet 3 criteria. The practitioner must have received a diagnosis of substance abuse disorder; the practitioner must be a first-time participant; and the practitioner must not have been previously disciplined by Medical Board for impairment. Mr. Heise added requirements of the program include self-suspension of their license, for a minimum of 30 days; completion of treatment at an approved treatment provider; the licensee must enroll with OPHP for monitoring, complete 6 months of continuing care with an approved One Bite provider and agree to be monitored for 5 years via a board approved monitoring organization.

Ms. Ludy inquired as to the number of participants in the One Bite Program per year? Mr. Heise responded that last year they had approximately 120 referrals from the Medical Board and an additional 80 to 100 licensees who were self-referrals.

Ms. Finn inquired if the licensee pays for the cost of treatment? Mr. Heise responded that OPHP received state funding that eliminated the administrative fee for the program. Mr. Heise added that participants are required to pay for drug screens, which range in cost from \$23 - \$60.

Ms. Loucka asked what increases have been seen in light of the pandemic? Mr. Heise responded that over the past 18 months along with an increase in relapse they have seen an increase in people struggling with mental health and burnout issues. Mr. Heise added that in addition to treatment of substance abuse, OPHP offers programs that address burnout or mental health issues.

Ms. Mavko asked if OPHP has reached out to professional organizations to inform their members about program opportunities available to licensees through OPHP. Mr. Heise responded that OPHP tries to attend and present at conferences held by health care licensees. Ms. Reardon added that the Medical Board promotes OPHP to our licensees and associates on the board's website

Ms. Reardon asked Mr. Heise to share his One Bite slides with her and she would in turn dispense them to Council.

### **Ohio Academy of Nutrition and Dietetics (OAND) Update**

Ms. Mavko reported on the status of the OAND member whose application for licensure in Kentucky was delayed because Kentucky did not accept online verifications. Ms. Mavko stated that the

applicant's application was pending and scheduled to be heard before the Kentucky Board on December 15, 2021. Ms. Mavko noted that the Medical Board had been very accommodating with the applicant, and filled out additional second verification letters. Ms. Mavko added that several OAND members have voiced concern over this process, and their ability to apply for employment in Kentucky.

Ms. Loucka stated that Mr. Turek received information from the Kentucky Board that legislation is pending or eminent that may resolve this issue. Ms. Mavko responded that Kentucky is drafting a rule, but it could take 3 to 6 months before it is implemented. Ms. Reardon asked Ms. Mavko to keep the Board apprised of the situation.

### **Council Dashboard Update**

Ms. Reardon stated that the DAC dashboard is being tweaked and refined. Ms. Reardon apologized for the delay and anticipated the link to the dashboard will be released by Council's next meeting.

### **Appointment to Council**

Ms. Reardon anticipated that the vacant seat would be filled following the full Board meeting on Wednesday. Ms. Reardon stated that she presented a memo to the Board President and Ms. Loucka with her nomination. Ms. Reardon added that she will email Council when the position is officially filled.

### **Future Presentation**

Responding to a request from Ms. Reardon, Ms. Shawhan stated she would be happy to provide a presentation on her profession as a dietitian in a hospital setting.

### **Adjourn**

Ms. Reardon asked for a motion to adjourn.

**Ms. Finn moved to adjourn the meeting. Mr. Ludy seconded the motion.** All Committee members voted aye. The motion carried.

The meeting adjourned at 2:57 p.m.

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